

# Discrete choice experiments: An overview of experience to date in haemophilia

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**Background:** The patient voice is an important consideration in the availability and choice of pharmaceuticals – however, how to capture this complex area and apply it formally within regulation, health technology assessment and reimbursement remains subject to ongoing debate. Patient preference studies such as discrete choice experiments (DCEs) are being utilised more frequently in healthcare and it is anticipated that patient preference data will be incorporated more frequently into regulatory submissions moving forward. **Aim:** The aim of this review is to provide an overview of DCEs conducted within haemophilia to date and to consider the key issues in response to a rapidly evolving therapeutic pathway. **Methods:** A systematic literature search was undertaken via Ovid MEDLINE and EMBASE CLASSIC + EMBASE. Abstracts were uploaded and analysed via Rayyan systematic review software. **Results:** Of 478 records identified from the database searches, 12 full text journal articles met the inclusion criteria

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As more therapeutic options become available in haemophilia care, discrete choice experiment may be a useful means of gauging patient preference

with a date range from 2005–2021. There have been two published studies exploring haemophilia patient preferences in relation to gene therapy: one DCE and one utilising a threshold technique. Surveyed audiences included physicians, patients, pharmacists, healthcare professionals and caregivers. 50% of the included studies (n=6) were exclusively conducted in the US, whilst 3 recruited participants across multiple countries. The sample size varied considerably between studies with the total sample size ranging from 30 participants to 505 participants. For the studies involving patients and their caregivers, the mean patient age range was 8.2–41.4 years. There was diversity in (a) the scale of the qualitative work undertaken to support the DCEs,

(b) the undertaking of pilots, and (c) how extensively these elements were reported in the included studies. There is a notable trend towards using an online web-based format, with 3 out of 4 DCEs since 2019 utilising this approach. The number of attributes observed per DCE ranged from 5–12 with a median of 6 attributes from the included studies. The number of levels per attribute was relatively consistent (range 2–5) with 2–3 (n=4) and 2–4 levels (n=4) being utilised most frequently. **Conclusion:** Patient preferences and the methods for capturing these are likely to be subject to ongoing debate as the haemophilia care pathway evolves to offer more therapeutic options with a range of risks and benefits. Whilst techniques such as DCE are effective at quantifying patient preferences, they tell us little about the reasons driving these decisions and the likelihood that they will change in response to temporal or external factors. DCEs could be particularly useful for estimating the uptake of new products and assessing potential budget impact. Accelerated and reformed regulatory processes are likely to increase demand for patient preference studies. There is therefore an increased requirement to ensure that patient advocacy groups (PAGs) are resourced and have the expertise to support these studies alongside other research commitments, and that manufacturers consider collaborative approaches when formally capturing patient preferences.

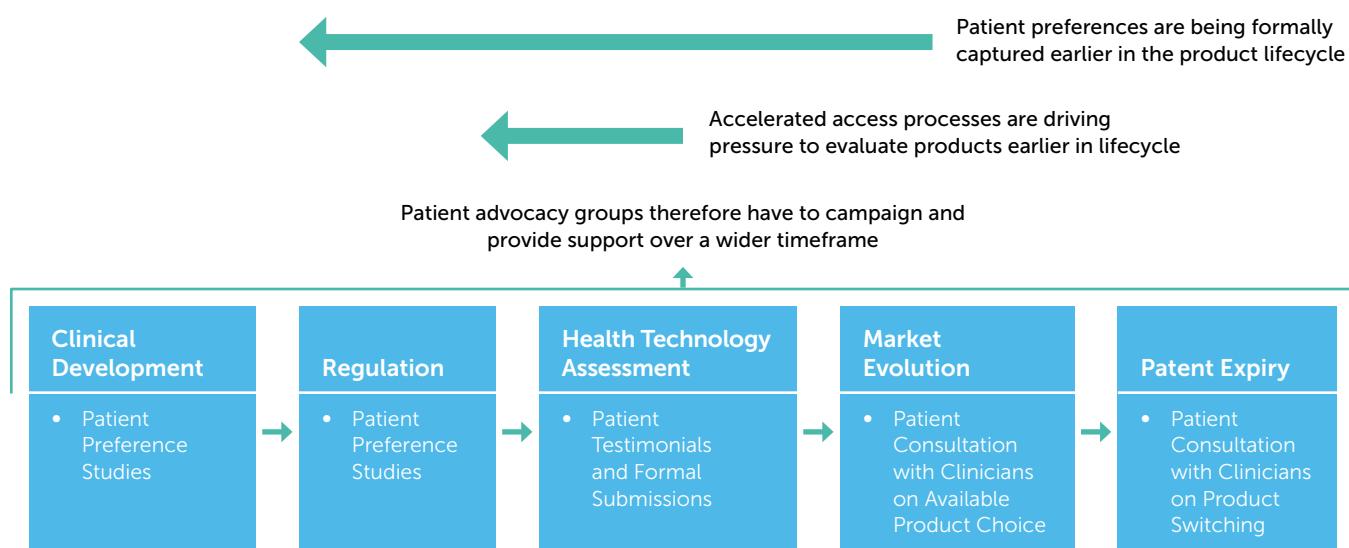
**Keywords:** Discrete choice experiment, Gene therapy, Haemophilia, Patient preference, Pharmaceutical, Review

**T**he patient voice is an important consideration in the availability and choice of pharmaceuticals – however, how to capture this complex area and apply it formally within regulation, health technology assessment and reimbursement remains subject to ongoing debate [1–3].

The 21st Century Cures Act in the USA highlights the importance of considering the patient experience during the drug development process [4]. The Act facilitates the submission of patient experience information and 'real world evidence' to enable more rapid drug and device approval [5]. However, there remains ambiguity surrounding what constitutes real evidence and concerns that overreliance on this data may potentially mislead clinicians and expose patients to unsafe/ineffective treatments [5,6]. Despite these evidential challenges, it is likely that a rise in patient preference data being incorporated in regulatory submissions will be observed moving forward [7].

Pharmaceutical regulators such as the Food and Drug Administration (FDA), European Medicines Agency (EMA), and Medicines & Healthcare products Regulatory Agency (MHRA) are accelerating the availability of medicines which target an unmet need [8,9]. Recent examples of this include Project Orbis [10] and the Innovative Licensing and Access Pathway (ILAP) [11]. As health technology assessment (HTA) evolves to meet this scenario [12], accelerated access pathways can also exacerbate the challenge of how to capture patient preferences within HTA and the role patient advocacy groups (PAGs) play within this process. Figure 1 highlights the role played by patients and PAGs

Figure 1. Impact of regulatory developments on capturing patient preferences across the product lifecycle



in product availability and choice across the lifecycle of a pharmaceutical product. As accelerated initiatives and revised regulatory frameworks will require the formal capture of patient input at an earlier stage, PAGs will have increasing opportunities to campaign and provide support over a wider timeframe.

### Patient preference studies

Patient preference studies can be either qualitative or quantitative and seek to capture the desirability of particular characteristics which are associated with a product in a given healthcare scenario [3]. The Medical Device Innovation Consortium (MDIC) have developed a framework for incorporating information on patient preferences regarding benefit and risk into regulatory assessments of new medical technologies [13]. There is no algorithmic approach to determine which patient preference method to use; method selection is a complex issue which depends on the research question being addressed, the population being studied, and time/budgetary constraints [14]. The MDIC report helpfully provides a catalogue of patient preference methods and groups them by the type of information provided, namely, structured weighting, health-state utility, stated preference and revealed preference [13].

### Discrete choice experiments

Discrete choice experiments (DCEs) are a stated preference technique which allows researchers to uncover how individuals value selected attributes of a programme, product or service by asking them to state their choice over different hypothetical alternatives [15]. Stated preference techniques such as DCEs utilise hypothetical examples, typically in the form of a questionnaire, and rely on respondents making choices based on these; revealed preferences analyse patient choices and behaviours in the real world, with examples including patient preference trials or direct questions within clinical trials [13].

A DCE is a quantitative technique for eliciting individual preferences. It is grounded in random utility theory and relies on the assumptions of economic rationality and utility maximisation [15]. This means there is a core underlying assumption that participants can rationally select the choice which gives them the most benefit. The outputs from DCEs show the strength of relative preferences of the characteristics under evaluation and the rate at which they are traded off. The results are often expressed in terms of utilities or marginal rates of substitution. For example, a DCE

could investigate the strength of preference for a treatment that is considered more effective than an existing treatment but requires more frequent administration, and the balance between the two that is considered optimal by recipients.

Establishing the attributes and their associated levels is one of the most important and challenging steps in designing a DCE. Attributes represent a technology's key characteristic (e.g. frequency of infusion) whereas levels refer to potential options for a specific attribute (e.g. daily, once a week, once a month). The underlying validity of the study rests on specifying these correctly. Once the attributes are established, the associated levels need to be assigned. These should reflect the range of situations that respondents might be likely to experience [15]. Once the attribute levels are established the next step is to generate a set of hypothetical choice sets [15]. An example from a DCE in haemophilia, with the attributes and levels highlighted, is given in Figure 2 [16].

DCEs are being utilised widely in healthcare and health economics and the method is being used with increasing sophistication in design alongside enhanced analytical techniques which are contributing to a higher quality of output [17-19].

### DCEs in an evolving haemophilia pathway

Treatment with haemophilia in the mainstream consists of replacement therapy with coagulation factor VIII or factor IX, with a complication being the development of inhibitory antibodies against the infused factor VIII or IX [20]. The journey to the safe and routine infusion of factor VIII and IX therapies has been a challenging one and the freeze-dried powdered concentrates emerging in the 1970s were found to be contaminated by the transmission of HIV and hepatitis C in blood products [21]. As a result of this tragic phenomenon, tighter screening methods were implemented and recombinant (non-plasma derived) technologies were developed [21]. Treatments have continued to evolve in haemophilia with bypassing agents, long-acting coagulator factors, biological therapies and the emergence of gene therapy. Horizon scanning from the Specialist Pharmacy Service (SPS) [22] has recently identified a number of forthcoming technologies in haemophilia (Table 1).

As care pathways such as those in haemophilia become increasingly dynamic, there is a key challenge that patient preferences for advanced therapy medicinal products (ATMPs) in relation to current or future therapeutic options are unknown [12]. Understanding

Figure 2. Example of a DCE in haemophilia with attributes and levels highlighted<sup>[16]</sup>

ATTRIBUTES	TREATMENT A	TREATMENT B	TREATMENT C
Risk of contracting a virus from the product	A product produced without blood-derived contents, using recombinant DNA technology	A product derived from components of human blood	A product produced without blood-derived contents, using recombinant DNA technology
Possibility that the level of the inhibitor may rise	No	Yes	Yes
Reduces the likelihood of dose-related thromboembolic events	Yes	Yes	No
The number of infusions required to stop a haemorrhage	3 infusions	2 infusions	3 infusions
The time required to prepare the infusion	≤ 5 min	≤ 5 min	> 30 min
The time required to inject the infusion (infusion time)	> 10 to ≤ 30 min	≤ 5 min	> 5 to ≤ 10 min
The infusion volume	> 15 mL to ≤ 40 mL	≤ 15 mL	> 40 mL to ≤ 80 mL
The time required to stop the bleeding	> 6 to ≤ 12 h	> 6 to ≤ 12 h	≤ 6 h
The time required to alleviate pain	> 6 to ≤ 9 h	> 2 to ≤ 6 h	> 6 to ≤ 9 h
Frequency of infusion needed on a regular basis for prevention of abnormal bleeding	1 infusion every day	1 infusion every 2 days	1 infusion every day
Ability to undergo major surgery	Yes	Yes	Yes
Out-of-pocket cost of medications	Cost (out-of-pocket co-pay) is not really a consideration	Cost (out-of-pocket co-pay) is somewhat of a consideration	Cost (out-of-pocket co-pay) is very much a consideration
<b>"Which treatment are you most likely to use? (please select only one)"</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>"Which treatment are you least likely to use? (please select only one)"</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Levels

this complex interplay between therapeutic interventions will therefore be vital to inform future healthcare investment decisions. Understanding patient preferences and the impact on uptake of current and future interventions is regarded as a core challenge in budget impact analysis (BIA) and there is an acknowledgement that little data may exist to support assumptions which might be highly sensitive in the assessment<sup>[23]</sup>. ISPOR guidelines recommend that the mix of interventions over time should be based on past changes, market research, or clinical expert

opinion<sup>[23]</sup>. Whilst sensitivity analysis and a commitment to transparency can assist with the interpretation of BIAs<sup>[23]</sup>, models which rely on historical data, observed uptake of comparable interventions, or expert opinion, fail to account for the dynamic and heterogeneous manner in which individuals make decisions<sup>[24]</sup>. DCEs could be particularly useful for predicting the uptake of new products where observational data from trials or pilot projects are not available<sup>[25]</sup>, and can potentially improve models that parameterise uptake solely based on expert opinion<sup>[24]</sup>.

Table 1. Potential future treatments in haemophilia\*

PRODUCT NAME	THERAPEUTIC FOCUS	PRODUCT TYPE	PHASE OF CLINICAL DEVELOPMENT
Serpin PC	Haemophilia A and Haemophilia B	Specific inhibitor of activated protein C (APC)	Phase II
Mim8	Haemophilia A	Next generation FVIII mimetic antibody	Phase III
Etranacogene dezaparvovec	Haemophilia B	AAV5 gene therapy ( <i>in vivo</i> )	Phase III
Fidanacogene elaparvovec	Haemophilia B	AAV8 gene therapy ( <i>in vivo</i> )	Phase III
Valoctocogene roxaparvovec	Haemophilia A	AAV5 gene therapy ( <i>in vivo</i> )	Phase III
Concizumab	Haemophilia A and Haemophilia B	Monoclonal antibody directed against tissue factor pathway inhibitor (TFPI)	Phase III
Fitusiran	Haemophilia A and Haemophilia B	RNAi therapeutic targeting antithrombin	Phase III
Efanesoctocog alfa	Haemophilia A	Fully recombinant factor VIII therapy independent of von Willebrand factor	Phase III
Eptacog beta activated	Haemophilia A and Haemophilia B (in patients with inhibitory antibodies to factor VIII or IX)	Transgenically produced recombinant human factor VIIa	Phase III**
Giroctocogene fitelparvovec	Haemophilia A	AAV2/6 gene therapy ( <i>in vivo</i> )	Phase III
Dirloctocogene samoparvovec	Haemophilia A	AAV-LK03 gene therapy ( <i>in vivo</i> )	Phase III

\* Horizon scanning data as of April 2022

\*\* Marketed in the US

## METHODS

A systematic literature search was undertaken via Ovid MEDLINE and EMBASE CLASSIC + EMBASE with the full search terms set out in Figure 3. Abstracts were uploaded and analysed via Rayyan systematic review software [26].

Articles were included if they concerned a DCE in haemophilia care, if they were a full article, and if they had a pharmacological focus. Articles were excluded for being background information, non-haemophilia specific, biological/other or non-English language.

Figure 3. Search terms for literature search on DCEs in haemophilia care

1.	He?mophilia.mp
2.	Discrete Choice Experiment.mp
3.	DCE.mp
4.	Conjoint analysis.mp
5.	exp Patient Preference/ec [Economics]
6.	Perspectives.mp
7.	2 OR 3 OR 4 OR 5 OR 6
8.	1 AND 7

DCEs in relevant articles were analysed in respect of the audience surveyed, sample size, geography, mean age of patients, format (e.g. paper or online), approach (including extent to which qualitative work supported the DCE, piloting and how these elements were reported), and the attributes and levels per attribute included in the DCE. The study topic and funding source were also documented. Product attributes were mapped over time to investigate temporal patterns.

## RESULTS

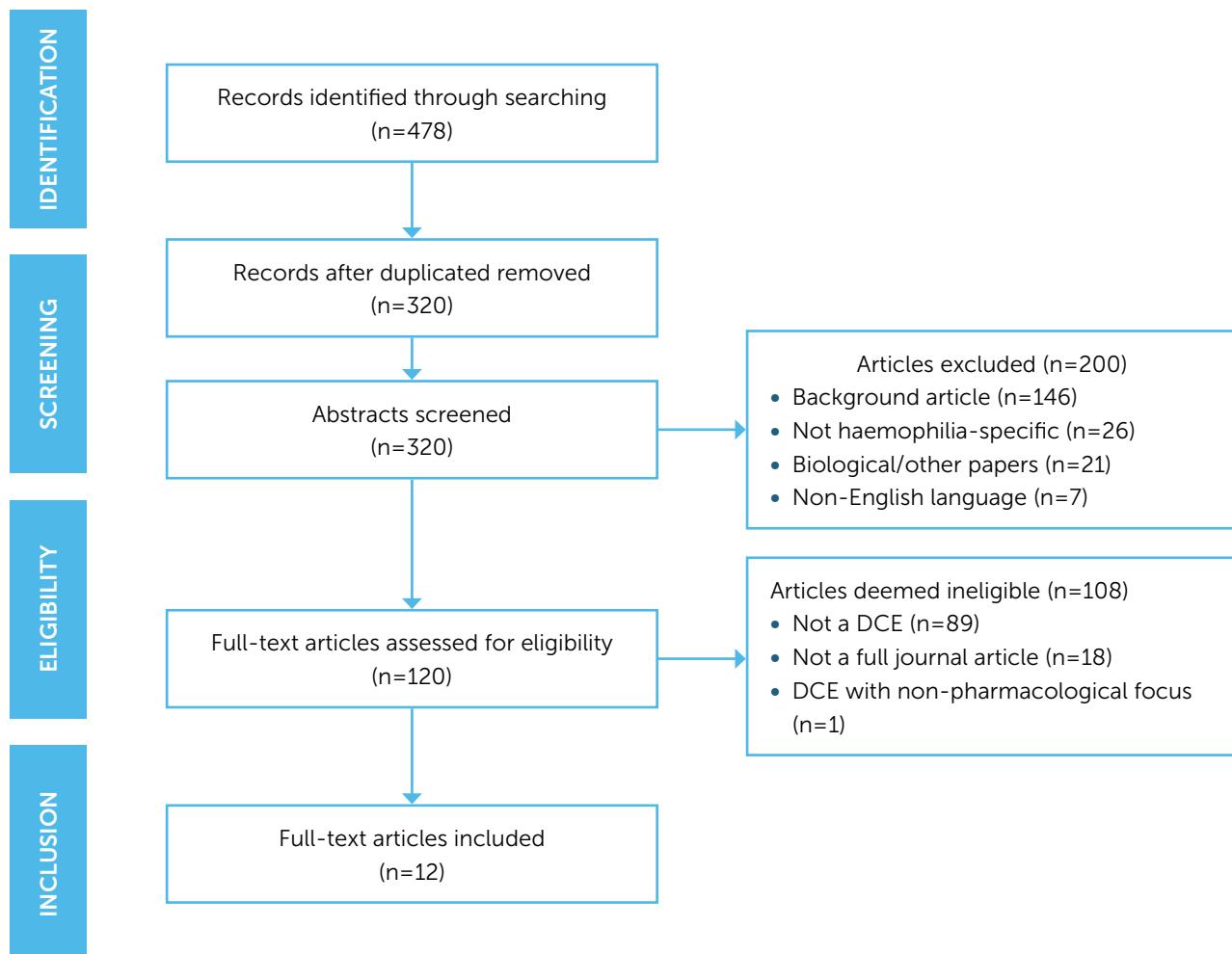
As set out in the PRISMA diagram in Figure 4, 478 records were identified with 320 records available once duplicates had been removed. A further 200 articles were excluded for being background information (n=146), non-haemophilia specific (n=26), biological/other (n=21) or non-English language (n=7). Of the 120 full-text articles assessed for eligibility, 108 were deemed ineligible due to not being a DCE (n=89), not being a full-journal article (n=18) or not having a pharmacological focus (n=1). This led to 12 full text articles being included, with a date range from 2005-2021 [16,27-37]. The results are summarised in Table 2. This table has been cross-

referenced to update previous work conducted on this topic<sup>[38]</sup>. The review also identified 3 literature reviews<sup>[39-41]</sup> assessing patient preferences in haemophilia, all of which were not full journal articles. There have been two published studies exploring haemophilia patient preferences in relation to gene therapy: one DCE<sup>[37]</sup> and one utilising a threshold technique<sup>[42]</sup>.

Surveyed audiences included physicians, patients, pharmacists, healthcare professionals and caregivers (either alone or in combination). Two studies focused exclusively on physicians, whilst 50% of the included studies (n=6) surveyed patients and their caregivers. Half of the studies (n=6) were conducted in the US, whilst 3 studies recruited participants across multiple countries. Eleven (92%) studies reported funding by manufacturers with a commercial interest in haemophilia. The sample size between studies varied considerably, with the total sample size ranging from 30 participants to 505 participants. For studies involving patients and their caregivers, the mean patient age range was 8.2–41.4 years; removing the

juvenile/paediatric patient population figures narrows this range to 20.7–40.0 years. There was diversity in (a) the scale of the qualitative work undertaken to support the DCEs, (b) the undertaking of pilots, and (c) how extensively this was reported in the included studies. One study did not report undertaking qualitative work<sup>[36]</sup> and in a number of studies the extent of qualitative work or piloting was difficult to establish. It has been previously reported that inadequate information about methodological detail is hindering assessment of quality<sup>[18]</sup>. Given the crucial role that qualitative work and piloting plays in establishing the validity of the DCE<sup>[15,17]</sup>, it is vital that future DCEs report the full details of qualitative preparatory work and piloting. Three main methods were employed: web-based, paper-based and in-person survey methods. Whilst paper-based surveys made up the earliest DCEs in this area, there is a clear trend to switching to an online web-based approach, with 3 out of 4 DCEs since 2019 utilising this format. The number of attributes observed per DCE ranged from 5–12, with

Figure 4. PRISMA diagram for literature search on DCEs in haemophilia care



a median of 6 attributes from the included studies. The levels per attribute was relatively consistent (range 2–5) with 2–3 (n=4) and 2–4 levels (n=4) being utilised most frequently. The development of recombinant products over plasma products was seen as a major therapeutic advance in haemophilia; as shown in Figure 5, a shift of attribute focus from safety towards reduction of bleeding risk has been observed in more recent DCE studies<sup>[38]</sup>.

### **Head-to-head comparison of gene therapy studies**

As shown in Table 1, a number of gene therapies are being developed for both haemophilia A and B. Two published studies to date have explored haemophilia patient preferences in relation to gene therapy: one DCE<sup>[37]</sup> and one utilising a threshold technique<sup>[42]</sup>. Whilst DCEs have been explored extensively in this paper, the threshold technique is a method that determines the maximal change in one attribute respondents are willing to accept to achieve a given change in another attribute<sup>[43]</sup>. Van Overbeeke and colleagues ruled out the utilisation of DCE methodology in the development of the study protocol as they estimated that it would be challenging to recruit over 100 participants, which are generally required for DCEs<sup>[44]</sup>. It is widely acknowledged that method selection is a complex issue<sup>[44]</sup> and that both methods are stated preference studies that can be utilised to quantify patient preferences<sup>[13]</sup>. Figure 6 sets out a comparison of the two studies: sample sizes for both were within the range observed with other DCEs to date and, particularly impressive, both studies had to deal with disruption associated with Covid-19. Both studies reported literature reviews, qualitative interviews and piloting to develop and test study attributes and levels. Patients with both haemophilia A and B were included across the studies; sampling in the threshold technique study was aligned to the Belgian haemophilia patient population, whilst over a third of the sampled population in the DCE were haemophilia B patients. Sample severity differed considerably between the studies. The DCE study provided a relatively even split between moderate and severe patients, whilst the threshold technique study had sampling which heavily favoured severe patients. Attributes were consistent between studies with annual bleed rate (ABR), dose frequency, safety issues and quality of life (QoL) being examined, following general trends observed in this area<sup>[38]</sup>. The DCE also explored the impact on mental health and post-treatment effects. It has been shown previously that training materials

result in more choice consistency and facilitate more complex designs<sup>[45]</sup> and the threshold technique study included an educational tool to assist with understanding of gene therapy. The educational tool was shown to have a significant impact on both the ABR and QoL threshold. The threshold technique study excluded non-factor therapies such as emicizumab, despite 15% (n=17) of the sample being treated with the product.

### **DISCUSSION**

The haemophilia care pathway is constantly evolving, and this phenomenon must be considered carefully when undertaking a DCE to establish patient preferences for product attributes and levels. One of the included studies in the review encountered this issue directly: they were only able to include patients with FVIII administered intravenously, as the subcutaneous emicizumab had not been launched in Korea at the time of patient enrolment<sup>[36]</sup>. Whilst horizon scanning information is dynamic, and may not be available to all researchers, qualitative engagement with clinicians to future proof study design against pathway changes should be considered as part of the experimental design.

The sample sizes in the included studies varied considerably and recruitment challenges should be actively considered when choosing the study design to capture stakeholder preferences. Methods such as the threshold technique may be more appropriate than a DCE if recruitment to the study will be challenging or the target population is small<sup>[44]</sup>. One study in the review had a recruitment period of 21 months<sup>[34]</sup>; as acknowledged in the paper, this length of recruitment may also lead to potential bias.

A recent review highlighted the vital requirement to undertake qualitative research to determine attributes and levels within DCEs, but echoed concerns that inadequate information about methodological detail was hindering assessment of quality<sup>[18]</sup>. Training materials remain a key but under-developed component of DCEs and the development of interactive tools can potentially improve the quality of choice data if participants are better engaged<sup>[45]</sup>.

There is an increasing trend for DCEs to present attribute descriptions and content using online survey-based methods<sup>[45]</sup> and videos<sup>[46]</sup>. One study compared respondents' understanding of attribute information based on text or video and found that although there was no systematic difference between video or text arms in the study, the information provided by video may better engage survey participants and improve

their retention of content<sup>[46]</sup>. Another study looked at animation training materials, and whilst providing these did not change the preferences of respondents, they did result in more choice consistency which may facilitate more complex experiment designs<sup>[45]</sup>.

A key challenge with DCEs is that they are cross-sectional surveys, which provide a snapshot at a single point of time. This approach has advantages including being inexpensive, simple to conduct and able to reach large audiences rapidly<sup>[47]</sup>. However, a key limitation is that they are unable to investigate temporal effects<sup>[47]</sup>. There are a range of temporal and external influences on patient choice including treatment history, family and friends, evolving life situation and clinical opinion, and these factors can change over time, yet the understanding of behavioural impacts on DCEs is currently limited<sup>[25,48-49]</sup>. Consistency of attributes is likely to be a key issue when considering standardisation of outputs and the routine acceptance of DCE-derived patient data by HTA bodies. Key external events may also heavily influence preferences, for example, after the forthcoming UK report on the infected blood inquiry<sup>[50]</sup> or a major side effect with an emerging technology, as seen with Covid-19 vaccinations<sup>[51]</sup>.

A key statistic from the review is that all but one of the studies was either directly or indirectly funded by pharmaceutical manufacturers with a commercial interest in haemophilia. If patient preference studies are going to become a formal part of regulatory and pricing and reimbursement submissions, then it is likely that manufacturers will be expected to fund these as part of an evidential package to place before the relevant authorities. Consideration needs to be given on how to standardise the study design/outputs and evaluate quality. The alternative would have to be that PAGs, or independent institutions would have to fill this gap, which may be financially challenging and/or practically unfeasible. Consideration should be given towards a collaborative approach to undertaking DCEs involving multiple pharmaceutical manufacturers to (a) optimise PAG resource and (b) avoid potential suggestions that attributes, and levels, are selected to support individual product benefits.

## CONCLUSION

Patient preferences and the methods for capturing these are likely to be subject to ongoing debate as the haemophilia care pathway evolves to offer more therapeutic options with a range of risks and benefits. In addition to challenges with sampling, bias, methodological choice/rigour and manufacturer

influence, the question of how best to use the information from patient preference studies remains unclear. Whilst techniques such as DCEs are effective at quantifying patient preferences, they tell us very little about the reasons driving these decisions and the likelihood that they will change in response to temporal or external factors. Given the evolution of the care pathway in haemophilia and the emergence of gene therapy, DCEs could be particularly useful for estimating the uptake of new products and assessing potential budget impact<sup>[25]</sup>. Several DCE studies in the literature review reported here highlighted the challenge of recruiting participants in rare diseases such as haemophilia, and engaging with PAGs to assist with recruitment is therefore likely to be crucial. Accelerated and reformed regulatory processes are likely to increase demand for patient preference studies and therefore there is an increased requirement to ensure that PAGs are resourced and have the expertise to support these studies alongside other research commitments, and that manufacturers consider collaborative approaches when formally capturing patient preferences.

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This paper does not contain any studies involving human participants or animals performed by any of the authors.

## Affiliation of authors and contributions

John Spoons is undertaking a part-time PhD utilising discrete choice experiment (DCE) methodology in relation to advanced therapy medicinal products – he is a member of the Medicines Analysis Team (MAT) at NHS England and NHS Improvement (NHSE&I) and lead author on this paper. Dr Alec Miners and Professor John Cairns are experts in the field of health economics based at the London School of Hygiene and Tropical Medicine (LSHTM) and have both played a key role in reviewing the paper and providing health economic insight.

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Table 2. Overview of DCEs within haemophilia

AUTHOR	YEAR	SURVEY AUDIENCE	REGION	STUDY TOPIC	SAMPLE SIZE (N)	MEAN PATIENT AGE (YEARS)	SCALE OF QUALITATIVE WORK	NO. OF ATTRIBUTES	LEVELS PER ATTRIBUTE	INDUSTRY FUNDING	SURVEY METHODS
Mantovani et al. [27]	2005	Physicians, patients and pharmacists	Italy	Treatment products in haemophilia	Total: 305 Physicians: 69 Patients: 178 Pharmacists: 58	35.9	Focus group (n=N/R) + Pilot (n=15)	6	2–3	Bayér Italia S.p.A.	Paper-based survey
Lee et al. [28]	2008	Physicians	US	Coagulation factor concentrates <sup>†</sup>	Total: 30	N/A	Physician engagement (n & format N/R) + testing (N/R)	12	2–4	Novo Nordisk Inc	Paper-based survey
Scalzone et al. [29]	2009	Physicians, patients and pharmacists	Italy	Coagulation factor concentrates <sup>†</sup>	Total: 101 Physicians: 39 Patients: 37 Pharmacists: 25	Adults = 41.4 Paediatric = 8.2	Focus group (n=N/R) + Pilot (n=35)	8	2–3	Novo Nordisk Denmark	N/R
Brown et al. [16]	2011	Patients and caregivers	US	Treatment products in haemophilia <sup>†</sup>	Total: 53* Patients: 23 Caregivers: 30	20.7	Used same as Lee et al. (2008) [28]	12	2–4	Novo Nordisk Inc	Paper-based survey
Mohamed et al. [30]	2011	Patients and caregivers	US	Treatment products in haemophilia A	Total: 147 Patients: 77 Caregivers: 70	Adults = 38.7 Juvenile = 12.4	Face-to-face interviews with adult patients and caregivers (n=8)	6	2–3	Baxter Biosciences	Web-based survey
Gelhorn et al. [31]	2013	Physicians	US and EU	Treatment products in haemophilia A <sup>†</sup>	Total: 36 Physicians EU: 17 Physicians US: 19	N/A	Qualitative interviews (n=4) + Pilot (n=5)	5	3	Baxter Biosciences	Web-based survey
Chaugule et al. [32]	2015	Patients and caregivers	US	Willingness to pay for treatment products in haemophilia	Total: 79	40.0	Assistance from Haem author + Pilot (n=5)	5	2–5	None	iPad at conference

AUTHOR	YEAR	SURVEY AUDIENCE		REGION	STUDY TOPIC	SAMPLE SIZE (N)	MEAN PATIENT AGE (YEARS)	SCALE OF QUALITATIVE WORK	NO. OF ATTRIBUTES	LEVELS PER ATTRIBUTE	INDUSTRY FUNDING	SURVEY METHODS
		STUDY AUDIENCE	STUDY AUDIENCE									
Lock et al. <sup>[34]</sup>	2016	Patients, caregivers and HCPs	Multi-country	PK-guided dosing of prophylaxis	Total: 224 HCPs: 91 Patients: 114 Caregivers: 19	38.0	Qualitative interviews + Pilot (n=10)	5	2–3	Pfizer	Paper-based survey	
Fifer et al. <sup>[34]</sup>	2019	Patients and caregivers	Multi-country	Treatment products in haemophilia A	Total: 54 <sup>†</sup> Patients: 24 Caregivers: 30	N/R	Qualitative interviews (n=10)	11	2–4	Roche	Web-based survey	
Su et al. <sup>[35]</sup>	2020	Patients and caregivers	US	Treatment products in haemophilia A	Total: 209 Patients: 113 Caregivers: 96	35.5	Qualitative interviews (n=10)** + Pilot (n=6)	6	2–4	Sanofi Genzyme	Web-based survey	
Park et al. <sup>[36]</sup>	2021	Patients and caregivers	South Korea	Treatment products in haemophilia A	Total: 505***	31.5	N/R	5	3	Pfizer Pharmaceutical Korea Ltd	Hospital-based survey	
Witkop et al. <sup>[37]</sup>	2021	Patients	US	Haemophilia gene therapy	Total: 183	38.5	Qualitative interviews (n=7)** + Pilot (n=14)	6	3–4	uniQure Inc.	Web-based survey	

HCPs: Healthcare professionals

N/A: Not applicable

N/R: Not reported

PK: Pharmacokinetic

<sup>†</sup> Inhibitor-specific study

\* The sample size per question varied from 51 to 53, as one or two patients did not respond to certain questions

\*\* Noting more extensive work was carried out but not fully reported

\*\*\* Not possible to obtain number breakdown of caregivers or patients

<sup>†</sup> Three respondents were removed as they reported they could not understand the experiment – but not reported if caregiver or patient

Figure 5. Product attributes mapped over time

	MANTOVANI LEE ET AL. <sup>[27]</sup> 2005	SCALONE ET AL. <sup>[28]</sup> 2008	BROWN ET AL. <sup>[16]</sup> 2009	MOHAMED GELHORN ET AL. <sup>[30]</sup> 2011	CHAUGULE ET AL. <sup>[31]</sup> 2013	LOCK ET AL. <sup>[32]</sup> 2015	FIFER ET AL. <sup>[34]</sup> 2016	SU ET AL. <sup>[35]</sup> 2019	PARK ET AL. <sup>[36]</sup> 2020	WITKOP ET AL. <sup>[37]</sup> 2021
Inhibitor Frequency/ Development										
Cost										
Viral Safety										
Clotting Safety										
Safety/Side-Effects: Miscellaneous										
Frequency of Administration										
Administration Time										
Product Volume										
Preparation Time/ Reconstitution Issues/ Time for Injection										
Annual Bleed Rate (ABR)										
Time to Alleviate Pain/ Stop Bleeding										
Ability to Undergo Surgery										
Evidential Strength/Length of Product Approval										
Utilisation as Rescue Treatment										
Quality of Life										
Mental Health Impact										
Pharmacokinetics										
Dosage: Form/Type/ Strength										
Distribution/Delivery/ Storage										
Supply Challenges										
Key (Frequency of attributes within study)										
1x										
2x										
3x										

Figure 6. Comparison of haemophilia gene therapy patient preference studies

	VAN OVERBEEK ET AL. <sup>[42]</sup>	WITKOP ET AL. <sup>[37]</sup>
Methodology	Threshold technique	DCE
Year Published	2021	2021
Geographic Scope	Belgium	US
Sample Size	n=117	n=183
Therapeutic Focus	Haemophilia A (84%) and B (16%)	Haemophilia A (66%) and B (34%)
Sample Severity	Severe (82%), Moderate (18%)	Severe (47%), Moderate (53%)
Age of Sample	51 (Median)	38.5 (Mean)
Attributes	<ul style="list-style-type: none"> <li>• Annual bleed rate (ABR)</li> <li>• Chance to stop prophylaxis</li> <li>• Time that side-effects have been studied</li> <li>• Quality of life</li> </ul>	<ul style="list-style-type: none"> <li>• Effect on overall annual bleed rate (ABR)</li> <li>• Dose frequency and durability</li> <li>• Uncertainty regarding short- or long-term significant safety issues</li> <li>• Impact on activity of daily life/physical activity</li> <li>• Transformative/mental health impact</li> <li>• Post-treatment – Possibility to undergo minor surgery without need for factor replacement therapy</li> </ul>
Qualitative Work	Qualitative interviews + Piloting + Pre-testing	Qualitative interviews + Piloting
Funding	Innovative Medicines Initiative (IMI) 2 Joint Undertaking under grant agreement no. 115966	UniQure
Key Conclusion	The study proved the value of educating patients on novel treatments. Moreover, preference heterogeneity for novel treatments was confirmed in this study. In gene therapy decision-making, preference heterogeneity and the impact of patient education on acceptance should be considered.	People with haemophilia prioritised reduced bleeding and treatment burden; the former was more important in haemophilia A and the latter in haemophilia B, followed by safety and impact on daily life in this DCE of gene therapy attributes.